



HELPING YOUR CHILDREN SUCCEED IN SCHOOL



Another school year brings the opportunity for your child to learn and grow academically, socially and interpersonally. The start of the school year usually brings with it busy schedules and increased demands on both parents and children. To help your child do their very best this school year, here are some tips for the whole family:

- ✂ Communicate with your child and know what is going on in school
- ✂ Keep a Master Calendar that lists everyone's schedules including yours
- ✂ Develop a daily and weekly routine and stick to it
- ✂ Take time for daily meals or discussions to keep current with your child
- ✂ Make a point of planning fun activities to give children something to look forward to
- ✂ Prepare for the next morning each night to start the day off smoothly
- ✂ Involve the children in making decisions so they learn responsibility
- ✂ Be available for your children and learn to be an active listener
- ✂ Allow your child to make mistakes and support them in their efforts
- ✂ Be flexible and remember things can and will go wrong.

Parents need to remember that no one is perfect and that trying to be a super parent can sometimes create additional stress for you and your child. Taking the time to organize for the days and weeks ahead and having a plan in place can help your child to succeed in school. If the year gets too hectic for you and your child, remember the school and community have resources such as school counselors who can help to keep you on track.

For Further Information:

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